

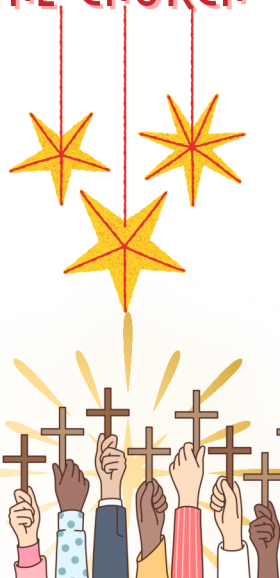
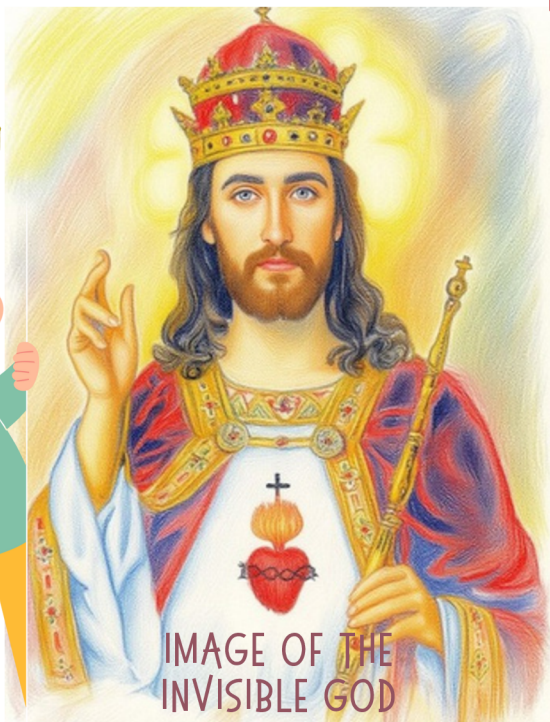


SUNDAY MASSES
NOVEMBER 2025

CHRIST IS KING

H

HEAD OF
THE BODY
THE CHURCH



BE
PREPARED

IMAGE OF THE
INVISIBLE GOD

FEAST OF
ALL SAINTS

*"And this gospel of the kingdom will be preached throughout the whole world,
as a testimony to all nations; and then the end will come." - Matthew 24:14*

PRAYER BEFORE MASS



Almighty and ever-living God,
I approach the sacrament
of Your only-begotten Son
Our Lord Jesus Christ,
I come sick to the Doctor of life,
unclean to the fountain of mercy,
blind to the radiance of eternal light,
and poor and needy to the Lord
of heaven and earth.

Lord, in your great generosity,
heal my sickness,
wash away my defilement,
enlighten my blindness, enrich my poverty,
and clothe my nakedness.

May I receive the Bread of angels,
the King of kings and Lord of lords,
with humble reverence,
with the purity and faith,
the repentance and love,
and the determined purpose
that will help to bring me to salvation.

May I receive the sacrament
of the Lord's Body and Blood,
and its reality and power.

Kind God,
may I receive the Body
of Your only-begotten Son,
our Lord Jesus Christ,
born from the womb of the Virgin Mary,
and so be received into His mystical body
and numbered among His members.

Loving Father,
as on my earthly pilgrimage
I now receive Your beloved Son
under the veil of a sacrament,
may I one day see him face to face in glory,
who lives and reigns with You for ever.

Amen.

- Saint Thomas Aquinas



"And this gospel of the kingdom will be preached throughout the whole world,
as a testimony to all nations; and then the end will come." - Matthew 24:14

1 November



The Solemnity of All Saints

*LORD Jesus, may our
lives bear witness to
You, and may we see
Your Face in glory after
this life and live with You
in eternity. Amen!*

1st Reading:

Revelation 7:2-4, 9-14

St John the Apostle, had a revelation of Heaven where he saw the saints from every nation and race, who had victoriously passed through great tribulation and they were giving glory to God, saying: "Salvation comes from our God, who is seated on the throne, and from the Lamb."

Responsorial Psalm:

Psalms 24:1-6

Who can ascend the mountain of the LORD?
or who may stand in his holy place?
One whose hands are sinless, whose
heart is clean,
who desires not what is vain.

2nd Reading:

1 John 3:1-3

See what love the Father has bestowed on us that we may be called the children of God.

Beloved, we are God's children now; what we shall be has not yet been revealed. We do know that when it is revealed we shall be like him, for we shall see him as he is.

Gospel:

Matthew 5:1-12

Jesus gives the Sermon on the Mount. Blessed are:

The poor in spirit, those who mourn,
the meek, those who hunger and thirst
for righteousness.

Blessed are the merciful, the pure of
heart, peacemakers, those who are
persecuted for doing right.

These would all be rewarded by GOD.



Fill in the Blanks.

CAN YOU GUESS THE SAINTS?

ROW
1

AUG_S_I_E OF H_P_O
T_O_AS A_UIN_S
_OS_P_
_N_HO_Y OF _A_UA



ROW
2

T_E_E_E OF J_S_S
UA DI_G_
F_AN_IS OF _S_IS_



ROW
3

_ER_S_ OF A_IL_
J_S_PH_NE B_K_I_A
_AR_O_ A_U_IS



ROW
4

_E_ER
P_DR_ P_O
T_R_SA OF C_L_U_T_





2 NOVEMBER 2025
ALL SOULS DAY

John 6:37-40

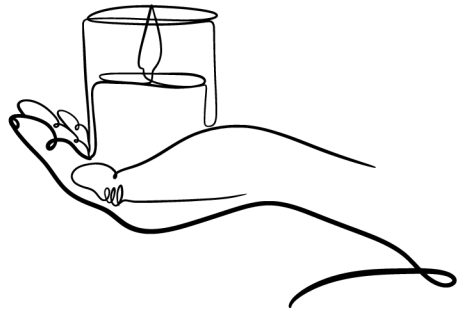
Jesus said to the crowds:

“Everything that the Father gives
me will come to me,
and I will not reject anyone who
comes to me,
because I came down from heaven
not to do my own will
but the will of the one who sent me.

For this is the will of my Father,

that everyone who sees the Son
and believes in him
may have eternal life,
and I shall raise him on the last
day.”

And this is the will of the one who
sent me,
that I should not lose anything of
what he gave me,
but that I should raise it on the last
day.



First Reading - Wisdom 3:1-9
Responsorial Psalm - Psalm 23:1-6
Second Reading - Romans 5:5-11

2 NOVEMBER 2025 ALL SOULS DAY



I would lose nothing

Jesus has promised not to lose a single soul that trusts in Him.

As Catholics, we believe that we are one family with God united by His Holy Spirit in this life and in eternity.

This includes the souls who are in Purgatory. The Catholic Catechism teaches that, all who die in God's grace and friendship, but without being perfectly purified, are assured of eternal salvation but undergo purification (Purgatory) to attain the holiness needed to enter Heaven.



Come Holy Spirit



Eternal rest grant to the souls of (*name loved ones you know who have passed on to eternity*), o LORD, and let Your perpetual Light shine upon them. May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

John 6:40

I shall raise him on the last day.



CHRIST IS THE HEAD

OF THE CHURCH

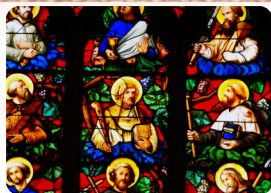
With the celebration of All Saints and All Souls, this month is ideal to reflect on how **Christ is the Head of His Body, the Church.**

And how **the Church is ONE BODY of Christ.**

MISSION REVEAL !

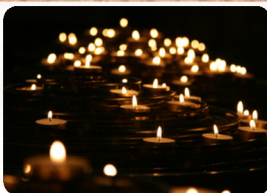
“Go and make disciples of all nations!”

- Matthew 28:19



CHURCH TRIUMPHANT

The saints in Heaven. They are the cloud of witnesses who have triumphed in this world and have been rewarded with an eternal crown of life in Heaven. These saints are alive in God and join in prayers for us all.



CHURCH SUFFERING

These are the **Holy Souls in Purgatory**, destined for Heaven and their time in Purgatory is to purify them of any venial sins they committed on earth but were not able to repent from before they passed into eternity.



CHURCH MILITANT

Those of us on earth, baptised into Christ. We are soldiers of God and our mission is to share God's love and the message of Jesus Christ, His Son to the world. The Pope is the leader of the Church on earth.

“I do not pray for these only, but also for those who believe in me through their word, that they may ALL be ONE.”

- John 17:20



9 NOVEMBER 2025
LATERAN BASILICA

John 2:13-22

Since the Passover of the Jews was near,
Jesus went up to Jerusalem.

He found in the temple area those who sold oxen, sheep, and doves, as well as the money-changers seated there.

He made a whip out of cords and drove them all out of the temple area, with the sheep and oxen, and spilled the coins of the money-changers and overturned their tables, and to those who sold doves he said,

"Take these out of here, and stop making my Father's house a marketplace."

His disciples recalled the words of Scripture, Zeal for your house will consume me.

At this the Jews answered and said to him, "What sign can you show us for doing this?"

Jesus answered and said to them, "Destroy this temple and in three days I will raise it up."

The Jews said,
"This temple has been under construction for forty-six years, and you will raise it up in three days?"

But he was speaking about the temple of his Body.

Therefore, when he was raised from the dead, his disciples remembered that he had said this, and they came to believe the Scripture and the word Jesus had spoken.

First Reading - Ezekiel 47:1-2, 8-9, 12

Responsorial Psalm - Psalm 46:2-3, 5-6, 8-9

Second Reading - 1 Corinthians 3:9c-11, 16-17



9 NOVEMBER 2025 DEDICATION OF THE LATERAN BASILICA



The temple of His Body

Jesus called the temple of worship, His Father's House. Where is the Father's House on earth? First, it is in the Church. In every Catholic Church, Jesus is truly Present with His Father. So how do we behave in Church? Are we like the money changers or noise makers? Or do we act with respect, as a place of prayer? The second dwelling of God is in our bodies. 1 Corinthians 16:9, says our bodies are the temples of the Holy Spirit. We should be houses of prayer set alight by God's spirit.



Come Holy Spirit



LORD Jesus, make my body Your true dwelling place. Forgive me for the times that I have disrespected Your Church and my body as a place of Your dwelling. I ask for a new spirit of reverence and worship and prayer. Grant my desire to worship You by the power of Your Spirit. Amen.

John 2:17

Zeal for your house will consume me.



YOU HAVE A
MISSION FROM GOD



3
MISSION
BADGES

"These three remain: faith, hope and love." - 1 Corinthians 13:13



FAITH

Faith is to believe without doubting all that God has revealed. We grow our faith through prayer and obeying the commands of God and the teachings of His Church.



HOPE

Dare to be a saint!
Hope helps us trust that God can fill us with the grace of His Spirit and use us for the glory of His Kingdom. "Hope does not dissappoint us." - Romans 5:5



LOVE

Love God with all your heart, and love your brothers and sisters in Christ! Pray for one another. "Be kind to one another, loving and forgiving." - Ephesians 4:32

SAINTS ACTIVATE! Rise & Shine!



Activate your mission badges!



1. Ask God for this NEW LIFE in the Holy Spirit.
2. Rise each day & Shine the Light of your faith.
3. Pray for the Church especially for the Pope, Bishop, Priests and Religious; and for all God's people, that we may be united as One Body in Christ and share His goodnews to the world.

"Arise, shine, for your light has come, and the glory of the LORD rises upon you."

- Isaiah 60:1



16 NOVEMBER 2025

33RD SUNDAY IN ORDINARY TIME

Luke 21:5-19

While some people were speaking about how the temple was adorned with costly stones and votive offerings,

Jesus said, "All that you see here-- the days will come when there will not be left a stone upon another stone that will not be thrown down."

Then they asked him, "Teacher, when will this happen? And what sign will there be when all these things are about to happen?"

He answered, "See that you not be deceived, for many will come in my name, saying, 'I am he,' and 'The time has come.' Do not follow them!

When you hear of wars, do not be terrified; for such things must happen first, but it will not immediately be the end."

Then he said to them, "Nation will rise against nation, and kingdom against kingdom. There will be powerful earthquakes, famines, and plagues; and awesome sights and mighty signs will come from the sky.

"Before all this happens, however, they will seize and persecute you...

It will lead to your giving testimony. Remember, you are not to prepare what you are to say beforehand, for I myself shall give you a wisdom in speaking that all your adversaries will be powerless to resist or refute.

You will be hated by many because of my name, but not a hair on your head will be destroyed.

By your perseverance you will secure your lives."



First Reading - Malachi 3:19-20a

Responsorial Psalm - Psalm 98:5-9

Second Reading - 2 Thessalonians 3:7-12

16 NOVEMBER 2025

33RD SUNDAY IN ORDINARY TIME

Perseverance



Perseverance means “to persevere” - which is to continue going when things are difficult. There is a popular saying, “When the going gets tough, the tough get going.”

It means that when things in life get difficult, strong people persevere and never give up.

This is the mindset of the saints and martyrs.

This is the strength that the Holy Spirit has given to them and to us as believers in Christ.

This is the mindset that Jesus is calling us to, to never give up our faith and always trust that He would protect us from all harm.

Come Holy Spirit



Dear Holy Spirit give me the gift of perseverance.

I need this gift of Fortitude that You give to all Your saints, so that I may be strong in the LORD and in the Power of His might. I choose to follow Christ without counting the cost. For all that I have in Christ is gain and nothing is lost. Amen.

John 3:14

So must the Son of Man be lifted up.



SOLEMNITY OF OUR LORD **JESUS** CHRIST

**KING OF THE
UNIVERSE**

"CHRISTUS VINCIT, CHRISTUS REGNAT, CHRISTUS IMPERAT,"
"CHRIST CONQUERS, CHRIST REIGNS, CHRIST COMMANDS."

23 NOVEMBER 2025

SOLEMNITY OF CHRIST THE KING



Luke 23:35-43

The rulers sneered at Jesus and said,
"He saved others, let him save himself if he is the chosen one, the Christ of God."

Even the soldiers jeered at him. As they approached to offer him wine they called out,
"If you are King of the Jews, save yourself."

Above him there was an inscription that read,
"This is the King of the Jews."

Now one of the criminals hanging there reviled Jesus, saying,
"Are you not the Christ? Save yourself and us."

The other, however, rebuking him, said in reply,

"Have you no fear of God, for you are subject to the same condemnation?
And indeed, we have been condemned justly, for the sentence we received corresponds to our crimes, but this man has done nothing criminal."

Then he said,
"Jesus, remember me when you come into your kingdom."

He replied to him,
"Amen, I say to you, today you will be with me in Paradise."



23 NOVEMBER 2025 SOLEMNITY OF CHRIST THE KING



Christ my King!

Oh, what a beautiful day!

Today we get to dance and celebrate Jesus Christ as the King of kings and of the universe.

The joys we feel today should make us reflect: “Do I allow Christ to reign in my life as King?”

Letting Jesus into the doors of our hearts, to become King of our lives can be quite hard.

Because it means we have to give up control of a lot of things and everything.

But it is the beauty of surrendering to a King Who is far greater, more loving and most powerful than we could ever be.

Come Holy Spirit



O LORD Jesus, You are the King of kings and King of the universe. I proclaim with the Church that You have conquered, You reign and You command. But I also want You to reign internally, so I let You into my heart and ask You to conquer, reign and command my life. Amen!

Luke 23:40

“Have you no fear of God?”



ADVENT JOURNEY JOURNAL

Meditate on the day's bible verse, write any thoughts or prayer intentions and say the Novena prayer.

1

November 30th

A virgin shall conceive

2

December 1st

And bear a Son

3

December 2nd

She shall call His Name

4

December 3rd

Immanuel

5

December 4th

Meaning "God is with us"

6

December 5th

He (John) will open the way

7

December 6th

And make ready a people
for the LORD

ST. ANDREW



FEAST DAY, 30 NOVEMBER.

I was a disciple of John the Baptist who left him to follow Christ.

Jesus chose me as one of His Apostles.

I am brother to Peter. I left the fishing trade to become a fisher of men. I was crucified on an X stake.

ST. ANDREW CHRISTMAS NOVENA

(Pray daily from 30 November to Christmas Day)

Hail and blessed be the hour and moment in which the Son of God was born of the most pure Virgin Mary, at midnight, in Bethlehem, in the piercing cold. In that hour vouchsafe, I beseech Thee, O my God, to hear my prayer and grant my desires through the merits of Our Savior Jesus Christ, and of His blessed Mother.

Amen.

30 NOVEMBER 2025 1ST SUNDAY OF ADVENT



Matt 24:37-44

Jesus said to his disciples:

Therefore, stay awake!

"As it was in the days of Noah,
so it will be at the coming of the Son
of Man.

For you do not know on which day
your Lord will come.

In those days before the flood,
they were eating and drinking,
marrying and giving in marriage,
up to the day that Noah entered the
ark.

Be sure of this: if the master of the
house had known the hour of night
when the thief was coming,
he would have stayed awake
and not let his house be broken into.

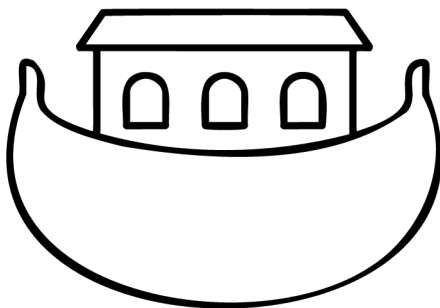
They did not know until the flood
came and carried them all away.

So too, you also must be prepared,
for at an hour you do not expect,
the Son of Man will come."

So will it be also at the coming of the
Son of Man.

Two men will be out in the field;
one will be taken, and one will be
left.

Two women will be grinding at the
mill; one will be taken, and one will
be left.



30 NOVEMBER 2025 1ST SUNDAY OF ADVENT



Come LORD Jesus!

Advent begins today. This is a period of four weeks before Christmas, when we reflect on Jesus' Nativity and His second coming as King! Jesus says that He will come again, and no one knows the day or time when He would arrive. He asks us to "stay awake" and "be prepared". This is only possible if we allow Jesus into our hearts and allow Him to be King of our lives. The more we allow Jesus to reign in us on earth, the more prepared we will be to accept His reign as our Eternal King in Heaven.



Come Holy Spirit



Come LORD Jesus! LORD reign in me. Be the Master and Ruler of my life. I surrender to the service of Your Kingdom. I want to be caught up with You in the clouds when You come again. So I say, "Come LORD Jesus!" Amen.



Matthew 24:44

"The Son of Man will come."

4 STEPS TO GROWING GOD'S WORD

Jesus said, "Listen! A sower went out to sow.

Some seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty." - Matthew 13:3, 8

"The good soil... are the ones who, when they hear the word, hold it fast in an honest and good heart, and bear fruit with patient endurance." - Luke 8:15



READ

1. A SEED IS PLANTED IN SOIL.



MEDITATE

2. THE SEED STARTS TO GROW AND A SPROUT COMES OUT OF THE SOIL.



PRAY

3. THE SPROUT GROWS INTO A PLANT WITH FLOWER BUDS.



ACT

4. THE FLOWER BUDS TURN INTO FRUITS WITH NEW SEEDS FOR NEW PLANTS TO GROW.

OUR SOULS SHOULD BE LIKE GOOD SOIL WHICH GROWS THE SEED OF GOD'S WORD.

EACH WEEK, WRITE DOWN (IN A BOX BELOW) A VERSE FROM GOD'S WORD THAT YOU WOULD LIKE TO GROW.

ASK THE HOLY SPIRIT TO INSPIRE YOU.

NOVEMBER 2025



My Prayer Journey

Prayer After Mass

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Your wounds hide me.
Permit me never to be separated from
You. From the malignant enemy, defend
me. At the hour of death, call me.
And bid me come to You, that with Your
saints I may praise You, forever. Amen.

This Month, I learnt

Write down what
you want to pray
for each week:

Nov 2-8

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.....

Nov 9-15

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.....

Nov 16-22

.....
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Nov 23-29

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.....

Nov 30-Dec 6

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"And this gospel of the kingdom will be preached throughout the whole world,
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