



THE GENEROUS LANDOWNER



FORGIVE FROM
YOUR HEART



THE TRIUMPH OF
THE HOLY CROSS



SUNDAY MASSES
SEPTEMBER 2026

ARMOUR
OF GOD



SAINTS OF THE MONTH



*"And this gospel of the kingdom will be preached throughout the whole world,
as a testimony to all nations; and then the end will come." - Matthew 24:14*

PRAYER BEFORE MASS



Almighty and ever-living God,
I approach the sacrament
of Your only-begotten Son
Our Lord Jesus Christ,
I come sick to the Doctor of life,
unclean to the fountain of mercy,
blind to the radiance of eternal light,
and poor and needy to the Lord
of heaven and earth.

Lord, in your great generosity,
heal my sickness,
wash away my defilement,
enlighten my blindness, enrich my poverty,
and clothe my nakedness.

May I receive the Bread of angels,
the King of kings and Lord of lords,
with humble reverence,
with the purity and faith,
the repentance and love,
and the determined purpose
that will help to bring me to salvation.

May I receive the sacrament
of the Lord's Body and Blood,
and its reality and power.

Kind God,
may I receive the Body
of Your only-begotten Son,
our Lord Jesus Christ,
born from the womb of the Virgin Mary,
and so be received into His mystical body
and numbered among His members.

Loving Father,
as on my earthly pilgrimage
I now receive Your beloved Son
under the veil of a sacrament,
may I one day see him face to face in glory,
who lives and reigns with You for ever.

Amen.

- Saint Thomas Aquinas



"And this gospel of the kingdom will be preached throughout the whole world,
as a testimony to all nations; and then the end will come." - Matthew 24:14



Saint of the month

Saint Teresa of Calcutta

September 5th



About

I was born on 26 August, 1910 in Macedonia. I was baptised the day after on 27 August, and I consider this my true birthday.

I was inspired to found the Missionaries of Charity, a group of religious sisters who serve the poor.

Fun Facts

My birth name is Agnes Gonxha Bojaxhiu. I took the name Teresa after St. Thérèse of Lisieux, when I became a religious sister.

I travelled to India as a Loreto Sister and taught in Calcutta for 17 years.

I received a Nobel Peace Prize in 1979, and asked for the banquet money to be given to the poor.

Devotion

I received a "Call within a call" in 1946 to serve the "poorest of the poor." I had a great devotion to our Blessed Mother Mary, and the habit of our congregation is a white sari with blue lines which reminds us of Our Lady. I also had a love for the Sacred Heart of Jesus present in the Eucharist.

Mission

The Missionaries of Charity started with me alone, teaching under a tree, but soon expanded as more young women joined me. By the time of my death in 1997, we were 4000 sisters in over 90 countries, sharing Christ's love with the poor, sick, aged, dying.

St Teresa of Calcutta,
Pray for us.

St Teresa of Calcutta,
Patron of Sappherald, pray for us.



6 SEPTEMBER 2026
23RD SUNDAY IN ORDINARY TIME



Matthew 18:15-20

Jesus said to his disciples:

"If your brother sins against you,
go and tell him his fault between
you and him alone.

If he listens to you, you have won
over your brother.

If he does not listen,
take one or two others along with
you, so that 'every fact may be
established on the testimony of two
or three witnesses.'

If he refuses to listen to them, tell
the church.

If he refuses to listen even to the
church,
then treat him as you would a
Gentile or a tax collector.

Amen, I say to you,
whatever you bind on earth shall be
bound in heaven,
and whatever you loose on earth
shall be loosed in heaven.

Again, amen, I say to you,
if two of you agree on earth
about anything for which they are
to pray,
it shall be granted to them by my
heavenly Father.

For where two or three are
gathered together in my name,
there am I in the midst of them."



First Reading - Ezekiel 33:7-9

Responsorial Psalm - Psalm 95:1-2, 6-9

Second Reading - Romans 13:8-10

6 SEPTEMBER 2026 23RD SUNDAY IN ORDINARY TIME

Listen to the Church



Jesus makes it clear from today's Gospel, that He has given His Church the authority to make certain decisions, from settling disputes among families, to binding and loosing here on earth. Do we listen or obey the Church's teachings? Do we know what the Church teaches about the Sacraments, Mass and other areas of our spiritual, material and moral life? We can find a lot of this in the Catechism. Whatever the Church binds on earth is bound in Heaven. Whatever the Church looses on earth is loosed in Heaven.

Come Holy Spirit



LORD Jesus, I believe that You've given Your Church and us as members of Your Body, the authority to bind things on earth and loose things on earth, and it shall be so in Heaven. Help me to obey God given authority in the Church and to use the authority You've given me to establish Your Kingdom on earth. Amen.

Matthew 18:20

"For where two or three are gathered together in my name."



The Full Armour of God

Every day, we are in a real combat of Light vs darkness. And as children of God, Christ protects us and we have the power to defeat darkness with the full armour of God. St. Paul tells us what this armour is. (Ephesians 6:10-17)

“Be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil.”

fasten the



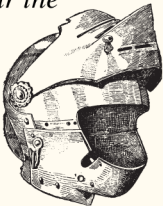
belt of truth
around your waist

put on



shoes to proclaim the gospel of peace

wear the



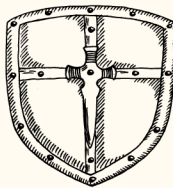
helmet of salvation

put on the



breastplate of righteousness

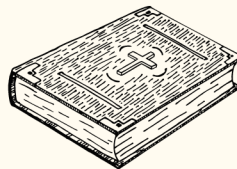
hold the



shield of faith, to quench
the flaming arrows of evil

carry the **sword of the Spirit**,

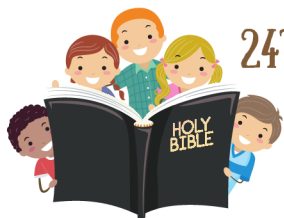
which is the **word of God**



Do you like
superheros?

Join the
CHRIST LEAGUE
He is your armour
...everyday.

For we do not fight against humans but against the cosmic powers of darkness, against the spiritual forces of evil.



13 SEPTEMBER 2026 24TH SUNDAY IN ORDINARY TIME

Matthew 18:21-35

Peter approached Jesus and asked him, "Lord, if my brother sins against me, how often must I forgive? As many as seven times?"

Jesus answered, "I say to you, not seven times but seventy-seven times. That is why the kingdom of heaven may be likened to a king who decided to settle accounts with his servants.

When he began the accounting, a debtor was brought before him who owed him a huge amount. Since he had no way of paying it back, his master ordered him to be sold, along with his wife, his children, and all his property, in payment of the debt. At that, the servant fell down, did him homage, and said, 'Be patient with me, and I will pay you back in full.'

Moved with compassion the master of that servant let him go and forgave him the loan.

When that servant had left, he found one of his fellow servants who owed him a much smaller amount.

He seized him and started to choke him, demanding, 'Pay back what you owe.' Falling to his knees, his fellow servant begged him, 'Be patient with me, and I will pay you back.' But he refused. Instead, he had the fellow servant put in prison until he paid back the debt.

Now when his fellow servants saw what had happened, they were deeply disturbed, and went to their master and reported the whole affair.

His master summoned him and said to him, 'You wicked servant! I forgave you your entire debt because you begged me to. Should you not have had pity on your fellow servant, as I had pity on you?' Then in anger his master handed him over to the torturers until he should pay back the whole debt.

So will my heavenly Father do to you, unless each of you forgives your brother from your heart."



First Reading - Sirach 27:30-28:7

Responsorial Psalm - Psalm 103:1-4, 9-12

Second Reading - Romans 14:7-9

13 SEPTEMBER 2026

24TH SUNDAY IN ORDINARY TIME

Forgive

Forgive

One of the hardest things to do, is to forgive someone who has been mean to us.

If people have hurt you, called you names, been unfair to you, gossiped about you, how can you forgive them?

Yet Jesus tells us that we need to forgive others so that our Father in Heaven can forgive us.

God wants us to forgive so that our minds and hearts and souls can be healed of the pain that we carry.

So how do we forgive?

First, we bring the hurt to God in prayer and ask for His help to heal. Then we gradually ask Him to also forgive the person who hurt us.

Come Holy Spirit



LORD Jesus, I find it really difficult to forgive (*name the person or people*) because of (*mention what they did*).

Please heal my heart. Deliver me from anger or malice.

Help me to pray for their healing too. And if it is Your will, restore a godly relationship between us. Amen.

Matthew 18:35

“Forgive your brother from your heart.”



14 September



Feast of the Exaltation of the Holy Cross

1st Reading:

Numbers 21:4b-9

The Israelites complained about the food that God provided for them in the wilderness. God sent fiery serpents which bit them. Then He asked Moses to make a bronze serpent and hang it on a pole. Everyone bitten who looked at the bronze serpent, lived.

Responsorial Psalm:

Psaln 45:10-12, 16

R. Do not forget the works of the Lord!
But God, being merciful, forgave their sin and destroyed them not;
Often he turned back his anger
and let none of his wrath be roused.

2nd Reading:

Philippians 2:6-11

Christ Jesus, though he was in the form of God, did not regard equality with God something to be grasped. He took the form of a slave and in human form died on the cross. God has highly exalted Him and bestowed on him the name that is above every name, that at the name of Jesus every knee should bend.

Gospel:

John 3:13-17

Jesus said to Nicodemus: "No one has gone up to heaven except the one who has come down from heaven, the Son of Man. Moses lifted up the serpent in the desert, so must the Son of Man be lifted up, so that everyone who believes in him may have eternal life."

For God so loved the world that he gave his only Son, that everyone who believes in him might not perish but might have eternal life.



20 SEPTEMBER 2026 25TH SUNDAY IN ORDINARY TIME



Matthew 20:1-16a

Jesus told his disciples this parable:
"The kingdom of heaven is like a landowner who went out at dawn to hire labourers for his vineyard.
After agreeing with them for the usual daily wage, he sent them into his vineyard.

Going out about nine o'clock, the landowner saw others standing idle in the marketplace, and he said to them, 'You too go into my vineyard, and I will give you what is just.' So they went off. And he went out again around noon, and around three o'clock, and did likewise.

Going out about five o'clock, the landowner found others standing around, and said to them, 'Why do you stand here idle all day?' They answered, 'Because no one has hired us.'
He said to them, 'You too go into my vineyard.'

At evening the owner of the vineyard said to his foreman, 'Summon the labourers and give them their pay, beginning with the last and ending with the first.'

When those who had started about five o'clock came, each received the usual daily wage.

So when the first came, they thought that they would receive more, but each of them also got the usual wage.

On receiving it they grumbled against the landowner, saying,

'These last ones worked only one hour, and you have made them equal to us, who bore the day's burden and heat.'

He said to one of them in reply,

'My friend, I am not cheating you.

Did you not agree with me for the usual daily wage? Take what is yours and go.

What if I wish to give this last one the same as you? Or am I not free to do as I wish with my own money? Are you envious because I am generous?'

Thus, the last will be first, and the first will be last."

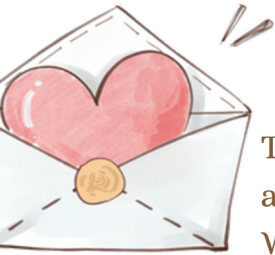
First Reading - Isaiah 55:6-9

Responsorial Psalm - Psalm 145:2-3, 8-9, 17-18

Second Reading - Philippians 1:20c-24, 27a



20 SEPTEMBER 2026 25TH SUNDAY IN ORDINARY TIME



God is generous!

This parable shows us that God is truly generous and that *no one* can *merit* the Kingdom of Heaven. When someone gets to know about and serve Christ, it is a free gift from God. And that person enjoys living in God's shelter, in contrast to those that languish in the world. This is why the landowner is the one who goes out in search for the lost souls. God does this with us. And so the person who already enjoys the graces of serving Him, should *not* grumble but be grateful! And in turn that person, should also be grateful when the Master calls others to serve Him, even at the last minute!



Come Holy Spirit



LORD Jesus, it is truly a gift to serve You and I am grateful! I repent for all the times that I've made my service of You seem like a burden and complained or moaned. Forgive me LORD! Help me to rejoice when You call others to serve You too, as I have no merits to gain Your reward. But everything is a generous gift from You to me and to Your flock. Amen!

Matthew 20:16a

"Thus, the last will be first, and the first will be last."





Saint of the month

Matthew, Apostle

September 21st



About Me

I was once a tax collector also known by the name, Levi. Tax collectors were unloved then; but Jesus loved me and called me to follow Him. I am one of Jesus' twelve Apostles. I wrote the Gospel of Matthew.

Unique Encounters

When Jesus called me, I was working for the Roman empire and the emperor Caesar. After I accepted Jesus' call, I left everything behind to serve the King of kings, whose Kingdom has no end!

Fun Facts

The Gospel of Matthew is often symbolised as an Angel.
The Kingdom of Heaven is mentioned 31 times in the Gospel.
I recorded Jesus' famous "Sermon on the Mount".
I am the patron saint of bankers and tax collectors.

Mercy Calls

Jesus showed me great mercy by calling me to become His disciple. People saw tax collectors as the biggest sinners, because we served the Roman empire and cheated people. Yet, Jesus forgave me my sins even before I asked Him and He called me. Jesus' mercy calls everyone to repent and follow Him.

Saint Matthew,
pray for us.

27 SEPTEMBER 2026
26TH SUNDAY IN ORDINARY TIME



Matthew 21:28-32

Jesus said to the chief priests and
elders of the people:

"What is your opinion?
A man had two sons.

He came to the first and said,
'Son, go out and work in the
vineyard today.'
He said in reply, 'I will not,'
but afterwards changed his mind
and went.

The man came to the other son and
gave the same order.
He said in reply, 'Yes, sir,'
but did not go.

Which of the two did his father's
will?"

They answered, "The first."

Jesus said to them,
"Amen, I say to you,
tax collectors and prostitutes
are entering the kingdom of God
before you.

When John came to you in the way
of righteousness,
you did not believe him;
but tax collectors and prostitutes did.
Yet even when you saw that,
you did not later change your minds
and believe him."



First Reading - Ezekiel 18:25-28
Responsorial Psalm - Psalm 25:4-9
Second Reading - Philippians 2:1-11

27 SEPTEMBER 2026 26TH SUNDAY IN ORDINARY TIME



Change your mind

Christ's words to the chief priests and the elders is simply this, "Change your mind."

He is also saying the same thing to us, every time we come to Mass, or hear the Gospel.

Our lives are often influenced, or stained (like ink on a shirt) with the culture of the world.

Jesus' words enlighten our minds with a different message from the world.

Often, Jesus' message is hard to carry out.

This is why the first son refused to go but later changed His mind to obey his father. The second son, said yes but then refused to take the risk to go! How about you?

Are you willing to change Your mind?

Come Holy Spirit



LORD Jesus, this message is hard, because I recognise myself in both the first and the second sons. Please forgive me for when I have refused to go where you send me. I choose to change my mind. When I hear Your word, help me to change my mind and obey You. Amen.

Matthew 21:31

"Which of the two did his father's will?"



4 STEPS TO GROWING GOD'S WORD

Jesus said, "Listen! A sower went out to sow.

Some seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty." - Matthew 13:3, 8

"The good soil... are the ones who, when they hear the word, hold it fast in an honest and good heart, and bear fruit with patient endurance." - Luke 8:15



READ

1. A SEED IS PLANTED IN SOIL.



MEDITATE

2. THE SEED STARTS TO GROW AND A
SPROUT COMES OUT OF THE SOIL.



PRAY

3. THE SPROUT GROWS INTO A PLANT
WITH FLOWER BUDS.



ACT

4. THE FLOWER BUDS TURN INTO FRUITS WITH
NEW SEEDS FOR NEW PLANTS TO GROW.

OUR SOULS SHOULD BE LIKE GOOD SOIL WHICH GROWS THE SEED OF GOD'S WORD.

EACH WEEK, WRITE DOWN (IN A BOX BELOW) A VERSE FROM GOD'S WORD THAT YOU WOULD LIKE TO GROW.

ASK THE HOLY SPIRIT TO INSPIRE YOU.

SEPTEMBER 2026



My Prayer Journey

Prayer After Mass

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Your wounds hide me.
Permit me never to be separated from
You. From the malignant enemy, defend
me. At the hour of death, call me.
And bid me come to You, that with Your
saints I may praise You, forever. Amen.

This Month, I learnt

Write down what
you want to pray
for each week:

Sep 6-12

.....
.....
.....

Sep 13-19

.....
.....
.....

Sep 20-26

.....
.....
.....

Sep 27-Oct 3

.....
.....
.....

Produced by Sapphire Throne Publishing. www.sappherald.com. All Rights Reserved. For enquiries, email: hello@sapphiregroup.uk

"And this gospel of the kingdom will be preached throughout the whole world,
as a testimony to all nations; and then the end will come." - Matthew 24:14

